

How to Dye with Rooibos Tea

Steps to Dye with Rooibos Tea

1. Prepare the Fabric: Wash and slightly dampen the fabric (natural fibers like cotton, linen, or wool work best).
2. Brew the Dye: Steep a large quantity of rooibos tea in hot water for a concentrated color. The longer it steeps, the deeper the color.
3. Dyeing: Submerge the fabric in the warm tea bath, ensuring it's fully immersed.
4. Steeping: Allow the fabric to steep for a period of time, depending on the desired shade (from an hour to a day).
5. Rinsing and Setting: Rinse the dyed fabric in cold water with a bit of vinegar to help set the color.
6. Drying: Air dry the fabric and then iron to remove wrinkles.

Benefits of Using Rooibos Tea as a Dye

- Natural and Eco-Friendly: Rooibos is a renewable resource, and the dyeing process is biodegradable and non-toxic.
- Unique Color: Rooibos provides a warm, reddish-brown hue that is distinct from synthetic dyes.
- Sustainability: It's a great way to reduce the environmental impact of dyeing processes.
- Versatile: Rooibos can be used on various natural fabrics and even for paper or eggs.