MEDICAL DISCLAIMER

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Fosnorin (PTY) LTD

Trading Name: Kookfontein Rooibos

Website: https://kookfontein.co.za

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1. INTRODUCTION

This Medical Disclaimer applies to all health-related information published by Fosnorin (Pty) Ltd, trading as Kookfontein Rooibos, including information published on our website, blog articles, recipes, newsletters, social media platforms, videos, downloadable resources and other marketing material.

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2. PURPOSE OF THIS MEDICAL DISCLAIMER

The purpose of this disclaimer is to explain that health-related information published by Kookfontein Rooibos is provided for educational and general informational purposes only.

It is not intended to diagnose, treat, cure or prevent any disease or medical condition.

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3. GENERAL INFORMATION ONLY

Information published by Kookfontein Rooibos is intended to share general knowledge about Rooibos, natural living and our experiences as a family involved in Rooibos farming.

Unless otherwise stated, information is based on:

- personal experience;
- practical knowledge gained from working with Rooibos;
- publicly available research;
- customer feedback; and
- other reputable sources available at the time of publication.

4. NO MEDICAL ADVICE

Nothing published by Kookfontein Rooibos should be regarded as:

- medical advice;
- healthcare advice;
- nutritional advice;
- diagnosis;
- treatment recommendations; or
- a substitute for professional medical care.

Always consult a qualified healthcare professional regarding any medical condition, symptoms or treatment decisions.

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5. HEALTH INFORMATION

Where health benefits, scientific studies or traditional uses of Rooibos are discussed, the information is provided for educational purposes only.

Research into Rooibos continues to develop, and scientific understanding may change over time.

No guarantee is made that any individual will experience the same results.

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6. INDIVIDUAL RESULTS MAY VARY

Every individual is different.

The way a person responds to food, beverages, herbs or natural products may vary depending on factors including:

- age;
- health status;
- medications;
- allergies;
- lifestyle; and
- other individual circumstances.

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7. ALLERGIES AND MEDICAL CONDITIONS

Customers who:

- have allergies;
- are pregnant or breastfeeding;
- have chronic medical conditions; or
- are receiving medical treatment,

should consult an appropriately qualified healthcare professional before making significant dietary or lifestyle changes.

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8. MEDICATIONS AND HEALTHCARE PROFESSIONALS

If you are taking prescription medication or receiving treatment from a healthcare professional, you should seek medical advice before relying on information published on this website or before significantly increasing your consumption of any herbal product.

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9. PRODUCT INFORMATION

Kookfontein Rooibos supplies natural Rooibos products intended for enjoyment as food or beverages.

Our products are **not medicines** and are **not registered as medicines**.

No statement published by Kookfontein Rooibos has been evaluated by the South African Health Products Regulatory Authority (SAHPRA) unless specifically stated.

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10. LIMITATION OF LIABILITY

To the fullest extent permitted by law, Fosnorin (Pty) Ltd accepts no responsibility for any loss, injury or damage arising from reliance on information published on this website or from the use of our products contrary to professional medical advice.

Customers remain responsible for making their own healthcare decisions in consultation with appropriately qualified healthcare professionals.

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11. CHANGES TO THIS DISCLAIMER

This Medical Disclaimer may be updated from time to time.

The latest version will always be available on our website.

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12. CONTACT INFORMATION

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13. ISSUED BY

13.1 Information Officer

Name: Karin Foster

Title: Director and Information Officer

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14. REVISION HISTORY

Version	Date	Description	Approved By
1.0	05 August 2026	Initial Release	Karin Foster